

**SERVING SIZES**  
 Grains – 2 ounces  
 Vegetables – ½ cup  
 Fruits – ½ cup  
 Protein – 3 ounces  
 Dairy – 1 cup

# April 2025

CALL 401-625-6790 TO ORDER, at least 24 hours in advance

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<b>1</b> Mushroom Barley Soup Chicken cacciatore Roasted potatoes Ww roll Cookies Turkey & bacon sandwich	<b>2</b> White Bean Soup Mongolian pork Fried rice Broccoli florets Ww roll Cake Chicken salad plate	<b>3</b> Cauliflower Tomato Soup Roasted chicken thighs Roasted potato Sweet corn Ww roll Sliced peaches Ham salad sandwich	<b>4</b> Minestrone Soup Baked fish Florentine rice Mixed vegetables Ww roll Fruit cocktail Tuna salad sandwich	
	<b>7</b> Chicken Soup Sloppy joe Pasta salad Ww roll Brownie Ham & cheese on rye	<b>8</b> Minestrone Soup Honey garlic chicken thighs Roasted carrots & broccoli Steamed white rice Ww Roll Fresh melon Tossed salad w/ chicken	<b>9</b> Vegetable Lentil Soup Pork chop Italiano Sweet potatoes Peas & onion Ww roll Sliced pears Seafood salad sandwich	<b>10</b> Tomato Soup Chicken n gravy Mixed vegetables Roasted potatoes Roll Cookies Chef salad	<b>11</b> Cream of Broccoli Soup Fish sandwich Cole slaw Potato wedges Mixed fruit Ww roll Tuna sandwich
	<b>14</b> Vegetable soup Shepards pie Mashed potato Ww roll Sliced peaches Chicken salad sandwich	<b>15</b> Tomato Soup Pub burger w/ cheese Sliced potatoes Ww roll Brownie Chef salad	<b>16</b> Cream of Broccoli Soup Chicken coq au vin Rice pilaf Chuck wagon corn Ww Roll - Pineapple chunks Corned beef sandwich	<b>17</b> Chicken Soup Baked ham w/ sauce Mashed sweet potatoes Roasted carrots Ww roll Easter dessert Tossed salad w/ chicken	<b>18</b> NO MEALS TODAY <h2 style="text-align: center;">Center Closes at 12:00 Noon</h2>
	<b>21</b> Kale & Bean Soup Chicken cordon bleu Roasted vegetables w/potatoes Garlic bread Watermelon Roast beef on a roll	<b>22</b> Chicken Soup Lasagna roll up w/meat sauce Spinach w/mixed vegetables Ww roll Fresh melon Chicken salad plate	<b>23</b> Escarole & Bean Soup Creamy garlic pork chops Mushroom rice pilaf Buttered corn Ww Roll - Brownie Seafood salad sandwich	<b>24</b> Fresh fruit cup Beef stew Roasted vegetables Cookie Ww roll Chopped salad w/chicken	<b>25</b> Cauliflower Tomato Soup Sausage & pepper sandwich Chips Cole slaw Ww roll - peaches Tuna salad plate
	<b>28</b> Vegetable Lentil Soup Fajita style chicken w/ Peppers & onions White rice Ww roll Sliced pears Cobb salad	<b>29</b> Vegetable Barley Soup Pork scallopini Roasted potatoes Green beans Ww roll Fresh fruit Turkey sandwich	<b>30</b> Meatball Soup Grilled chicken Roasted zucchini Spanish rice Ww roll Oatmeal cookies Italian grinder	<b>Suggested \$3.00 Donation</b>	
				All menu items may contain nuts, seeds, beans, wheat bran, and other allergens <i>Funded in part by the US Administration on Aging and the Rhode Island Office of Healthy Aging</i>	

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